

July 6, 2010

Central Catholic Parent/Guardian:

Through our contract with UPMC Center for Sports Medicine, Central Catholic is now registered to utilize the ImPACT software for assessing concussions. This online test is a series of memory and reaction questions which help determine an athlete's mental function following a concussion. It should be noted that this test does not prevent concussions or determine if your son is predisposed to a concussion. The test is simply one more tool that can be used to determine if your son can safely return to play following a concussion.

In the past, students were able to take the test online at home. The neuropsychologists at ImPACT have found that this is not the optimal method of taking the test. We will be doing supervised testing at Central in the computer lab. If your son has taken a baseline test within the last two years he does not have to take it again. This test is not mandatory, but it is strongly encouraged. Likewise, if your son was to sustain a concussion during the season I would strongly encourage him to go through the ImPACT program and it helps to have this baseline test completed.

The testing dates are as follows:

Soccer—Tuesday, July 27th 12:00

Football—Tuesday, August 3rd 12:00

If you have any questions feel free to call me at 412-208-3455.

Andy Macurak, MS,ATC

Certified Athletic Trainer

Central Catholic High School/UPMC Center for Sports Medicine

